This time we will look at an effective but very simple rhythm derived from the standard sixteenths kit groove played with single strokes (R L R L) with 2 and 4 on the snare.

For example one we simply move the right hand onto the bell of the cymbal instead of the Hi hat we get the root of the voicing, with the right hand still coming off the cymbal to play the snare. It sounds more interesting if we omit beats one and three on the bell, giving us that off beat bell feel. This is the theme of the groove, made famous by the great James Bradley Junior.

For example two we just spice it up a little with an open hi hat on the fourth of each group of sixteenths. This is easier than it first appears and is executed by playing the hi hat foot on each crotchet, just opening it a little.

Example three sees a little variation on the bass drum and just the one open hi hat at the end of the bar.

Enjoy the grooves.

